

# summer camp | acac

2015

early BIRD  
SAVINGS

10% OFF &  
5 Waterpark Passes!  
REGISTER BY MARCH 1

SPECIALTY CAMPS: **Princess Camp** → **All American Girl Camp**  
**Theatre Arts Camp** → **Say YES to the MESS!** → **Virginia History Week**  
**Outdoor Camp** → **Misty Mountain Nature Camp** → **Sports Camps**

award WINNING! →



REGISTER ONLINE at [acac.com](http://acac.com) | Live your best.

## DAY CAMP



- Licensed through the Commonwealth of Virginia
- Year-round professional team
- Safe, kid-friendly campus



- Preschool to middle school
- Indoor and outdoor activities for all-weather fun
- Weekly themes for summer-long variety



- Early Camp (7:30 to 8:30am)
- Half day and full day options
- Transportation and lunch



- Swim and tennis lessons

← register at [acac.com](http://acac.com) →



## SPECIALTY CAMPS



(SEE P. 3)



**NEW! Theatre Arts Camp**



**NEW! Virginia History Week**



**NEW! Say YES to the MESS!**

(SEE P. 4)



**Princess Camp**



**All-American Girl Camp**

(SEE P. 5)



**Misty Mountain Nature Camp**



**Outdoor Camp**



**Middle School Camp**

(SEE P. 6)



**Swimming**



**Sports Camps**



**Tennis**



NEW IN 2015!

acac.com



## Theatre Arts Camp

**Week of June 22-26**

*For rising 1st - 5th graders*

This week-long introduction to theatre arts includes singing, acting, dancing, costume designing, set and sound production and much more. The camp is led by theatre arts professionals.

← THESE SPECIALTY CAMPS FILL QUICKLY →

← REGISTER SOON →



## Virginia History Week: The Presidential Tour

**Week of July 13-17**

*For rising 1st - 5th graders*

Eight U.S. presidents were born in Virginia. The Presidential Tour camp will include visits to George Washington's Mount Vernon, James Madison's Montpelier, James Monroe's Ash Lawn-Highland, Thomas Jefferson's Monticello and the Grounds of the University of Virginia.



## Say YES to the MESS!

**Week of July 27-31**

*For rising 1st - 5th graders*

Join us this summer for a full week of making a MESS! Let your child explore with us as he/she participates in creative, hands-on activities that might just make a bit of a mess. Activities may include splatter paint, slimy slip and slide, gak making, volcano explosions, pudding paint, mud sling and much more.



# PRINCESS CAMP

**Week of June 15-19**

*For rising pre-kindergarten - 3rd graders*

This royal adventure includes tea parties, etiquette lessons, dance lessons, singing, story time and daily visits by princesses, crafts and much more.



# ALL-AMERICAN GIRL CAMP

**Week of July 6-10**

*For rising kindergarten - 5th graders*

- Spend the week enjoying activities with your favorite doll.
- Activities may include dolly and me picnic and spa day,
- baking, dancing, sewing and crafts, visits by local female
- athletes and learning about influential American females.







## Misty Mountain Nature Camp

**Week of August 3-7**

*For rising 1st - 5th graders*

This nature-focused week includes daily camp activities at Misty Mountain Resort. Campers enjoy fishing, gem mining, nature hikes, bike riding, hayrides, swimming, crafts, traditional campground games such as horseshoes, corn hole and zip line. Campers enjoy one overnight experience at the campground. Campers will sleep in the large indoor community room equipped with kitchen, air conditioning, and restrooms.



acac.com



## Outdoor Camp

**Week of July 20-24**

*For rising 1st - 5th graders;  
children must be at least 6 years old*

Every day is a new adventure at acac's Outdoor Camp. Daily trips include tubing down the James River; visiting and fishing at the Virginia Fish Hatchery; hiking, swimming and weenie roast at Sherando Lake; nature exploration at Ivy Creek Natural Area; participating in Richmond Metro Zoo's Treetop Zoofari low ropes course (includes a child-friendly zip line) and more!



NEW TRIPS IN 2015 →



## Middle School Camp

**All summer long!**

*For rising 6th - 8th graders*

Our middle school campers will enjoy exciting weekly field trips such as...

- Grand Caverns in Grottoes
- Amazement Square in Lynchburg
- Outdoor Adventure Center in Wintergreen
- Rafting on the James River
- and more!

← TRIPS ONCE a week! →





## Sports Camps

**acac** sports camps are half day programs that teach children the fundamentals of the sport. Led by local coaches and athletes with a focus on learning the basics and having fun.

Drop off is at the Charlottesville Catholic School, where sports camps are held. Campers may choose to spend the whole day with us by joining day camp in the afternoon.



**Monday - Friday**  
8:30am-1:30pm  
*For rising 1st through 5th grade boys and girls*

### Sports Sampler

**June 22 - 26**  
**July 13 - 17**  
**August 10 - 14**

### Soccer

**July 6 - 10**

### Lacrosse

**July 27 - 31**



## Tennis

### Quick Start Tennis

*Preschool through rising 1st grade*  
**Mon, Wed, and Fri | 9:00-9:45am**

#### Price per session

Family membership	\$36
Member	\$41
Non-member	\$48

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*Rising 2nd and 3rd graders*

**Monday - Friday | 10:15-11:15am**

*Rising 4th and 5th graders*

**Monday - Friday | 11:15-12:15am**

#### Price per session

Family membership	\$65
Member	\$41
Non-member	\$48

### Tennis Camp

*Rising 4th through 8th graders*  
**Monday - Friday | 9:00am-3:30pm**

*Private lessons are also available.  
For more information, contact  
Jason Grigg at [jasongr@acac.com](mailto:jasongr@acac.com).*



## Swimming

### Swim Lessons

#### Group Lessons

**Monday - Thursday | 9:00-9:45am**

Group swim lessons include four 45-minute lessons.

#### Price per week

Family membership	\$69
Member	\$75
Non-member	\$81

#### Private Lessons

**Price for 6 30-min. or 4 45-min. lessons**

Family membership	\$169
Member	\$179
Non-member	\$199

*To set up private lessons, email  
Svetlana at [svetlanav@acac.com](mailto:svetlanav@acac.com)*

### Swim with the Olympians

**Week of June 22 - 26 | 12:30-1:30pm**

*Open to children ages 6 and up who are able to swim all four strokes and 50 meters.*

Children will receive focused swimming instruction from two Olympians, Svetlana (Pozdeyeva) Vanyo and Mirjana (Bosevska) Huddleston. Instruction will focus on drills, technique, starts and turns.

#### Price per week

Family membership	\$110
Member	\$120
Non-member	\$135



 **early BIRD SAVINGS** →

 **REGISTER BY MARCH 1** →

 **SPREAD OUT YOUR PAYMENTS** →

**Pay in full** and **submit completed paperwork** by March 1 and receive

**10% OFF CAMP & 5 WATERPARK PASSES**

Registrations **must** be paid in full or have a scheduled payment plan.

Registrations **must** be received by March 1, 2015 to qualify for the early bird savings.

Starting as early as February 1, you can pay with installments through September 1, 2015.

## Weekly pricing & options

CAMP	HOURS	FAMILY MEMBER	MEMBER	NON-MEMBER
Early Camp	7:30-8:30am	\$32	\$32	\$32
Half day Camp <i>Preschool - 1st grade</i>	8:30am-12:30pm or 1:30-5:30pm	\$150	\$155	\$165
Full Day Camp <i>Preschool - 5th Grade</i>	8:30am-5:30pm	\$275	\$285	\$295
Middle School Camp	8:30am-5:30pm	\$285	\$295	\$305
Outdoor Camp	8:30am-5:30pm	\$325	\$335	\$345
Half day Specialty Camp	8:30am-1:30pm	\$165	\$170	\$180
Misty Mountain Overnight		\$110	\$135	\$160
Misty Mountain Nature Camp	8:30am-5:30pm	\$325	\$335	\$345
Transportation		\$20	\$20	\$20
Lunch		\$6.75/day	\$6.75/day	\$6.75/day

## LET US HELP YOU PLAN YOUR CHILD'S ADVENTURE

Email Tina at [tinat@acac.com](mailto:tinat@acac.com) or call Adventure Central at 434.978.7529

## Transportation



ROUTE	STOP 1 DEPARTURE	TIME	STOP 2 DEPARTURE	TIME	ARRIVE	TIME
<b>Crozet - Downtown</b>	<b>acac</b> Crozet-Old Trail	7:45am	<b>acac</b> Downtown	8:15am	Adventure Central	8:30am
<b>Forest Lakes</b>	Forest Lakes	8:20am	n/a	n/a	Adventure Central	8:30am

ROUTE	STOP 1 DEPARTURE	TIME	STOP 2 DEPARTURE	TIME	ARRIVE	TIME
<b>Crozet - Downtown</b>	Adventure Central	5:00pm	<b>acac</b> Downtown	5:25pm	<b>acac</b> Crozet-Old Trail	5:50pm
<b>Forest Lakes</b>	Adventure Central	5:15pm	n/a	n/a	Forest Lakes	5:30pm



 **CAMP INFO TABLE** 

 **SATURDAY, MARCH 28** 

Stop by to register for camp and find out more!

**Saturday, March 28**  
**9:00am-12:00pm**

Downtown, Albemarle Square and Adventure Central



DATES	WEEKLY THEME
June 8 - 12	<b>Ignite Your Summer</b>
June 15 - 19	<b>Where the Wild Things Are</b>
June 22 - 26	<b>104 Days of Summer</b>
June 29 - July 3	<b>Mystery, Mayhem &amp; Make Believe</b>
July 6 - 10	<b>Let it Snow</b>
July 13 - 17	<b>Up, Up &amp; Away</b>
July 20 - 24	<b>Gadgets &amp; Gizmos</b>
July 27 - 31	<b>Wet &amp; Wild</b>
August 3 - 7	<b>Minute to Win It</b>
August 10 - 14	<b>Around the World</b>
August 17 - 21	<b>Camp Rewind</b>







# acac SUMMER CAMP 2015 REGISTRATION



**Camper Information** *A camp registration form must be completed for EACH child.  
Complete information is required for your child to attend.*

**acac** Membership Category:  Full family membership (*includes camper*)  Membership  Non-member

Participant's full name \_\_\_\_\_ Nickname \_\_\_\_\_

Female  Male Rising grade \_\_\_\_\_ Birthdate \_\_\_\_\_  New camper  Returning camper

Street address \_\_\_\_\_ Zip code \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Home phone \_\_\_\_\_

Email address (*required to receive camp paperwork*) \_\_\_\_\_

Previous child care programs/Schools attended(ing) \_\_\_\_\_

Allergies, medications, other concerns \_\_\_\_\_

Pediatrician \_\_\_\_\_ Location \_\_\_\_\_ Phone \_\_\_\_\_

## Family Information

Parent 1/Guardian name \_\_\_\_\_  Custodial parent  Non-custodial  Other

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_

Home address \_\_\_\_\_

Employer name and address \_\_\_\_\_  Authorized to pick up camper

Parent 2/Guardian name \_\_\_\_\_  Custodial parent  Non-custodial  Other

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_

Home address \_\_\_\_\_

Employer name and address \_\_\_\_\_  Authorized to pick up camper

## Emergency Information

*Emergency Contacts/Authorized to pick-up camper (Two local contacts needed, other than parents)*

Name #1 \_\_\_\_\_ Home phone \_\_\_\_\_

Address \_\_\_\_\_ Work phone \_\_\_\_\_

Name #2 \_\_\_\_\_ Home phone \_\_\_\_\_

Address \_\_\_\_\_ Work phone \_\_\_\_\_

Person(s) NOT Authorized to pick up child\* \_\_\_\_\_

*\*Appropriate paperwork such as custody papers must be attached if a parent is not allowed to pick up the child*

How did you hear about **acac** Summer Camp?  **acac** poster/flyer  Radio  Word of mouth  Email  Camp Guide

**acac.com**  Facebook/Twitter  Other \_\_\_\_\_

## Parent/Guardian Consent and Agreement

I am requesting that the above child be admitted to the program and I understand the nature and scope of the program listed above and will adhere to all policies and procedures of the program. I understand that there are risks and dangers associated with the program. I understand that it is not the function of the Atlantic Coast Athletic Clubs of Virginia, Inc. (**acac**), its employees, agents, operators, or instructors to guarantee the safety of participants with respect to the program. I also understand that each participant has the responsibility to exercise due care in the performance of the program for the safety of himself/herself and the other participants. I furthermore understand the Commonwealth of Virginia mandates that 1) an updated Virginia School Health Form must be completed and signed, and 2) a signed **acac** policies and procedures form, and 3) a copy of child's birth certificate or passport be submitted with registration form in order for a child to attend. In the event that I cannot be reached in an emergency involving the above named participant, I hereby give permission to the appropriate medical personnel, selected by the Director, to provide medical treatment deemed necessary by such personnel. I also give permission for the named child to be included in photos or videos for promotional use. I understand that I am responsible for payment of camp tuition and that camp must be paid in full prior to my child attending. Also, my signature below signifies that I give permission for my child to be transported by **acac** Summer Camp, if needed.

In consideration of the participant being permitted to enroll in the program I hereby release, indemnify, and hold harmless **acac**, its employees, operators, counselors, and instructors from any and all claims and demands, costs, charges, and expenses for harm, injury, damage, or loss which may be sustained by the participant as a result of or relating to participation in Summer Camp.

**I HAVE READ, AND I UNDERSTAND, THE ABOVE LIABILITY RELEASE.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date