



Lifeguard Training and Review at acac Timonium

Learn to respond to aquatic emergencies with this comprehensive training.

Upon completion, participants receive certifications in Lifeguard Training, First Aid, CPR for the Professional, and AED.

*Must be 15 years old, able to swim 300 yards without rest/stop, dive 10' retrieve a 10lb. brick, and kick on your back with the brick for 20 yards, and tread water for 2 minutes without using your arms.
A \$65 fee will be charged to those who do not pass, drop or transfer to another class.*

2019 SESSION DATES:

Jan 25-27
Feb 22-24
March 15-17
April 12-14
May 10-12

SESSION TIMES:

Fri. 4:00-10:00pm
Sat. 8:00am-7:00pm
Sunday 8:00am-7:00pm

COST:

Lifeguard Training:
Members \$225 Non members \$275

Lifeguard Review:
Members \$125 Non members \$145

Refunds only given for medical reasons for 7 days prior to class start. \$65 non-refundable registration fee applies when a participant cancels or changes classes.

For more info, contact Kimberly Leasure
410.453-9111 or kimberlyle@acac.com