

Activity Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9:00am Open For Reservations	5:30am-12:00pm Open For Reservations	5:30am-12:00pm Open For Reservations	5:30-9:00pm Open For Reservations	6:00-9:00am Open For Reservations	7:00-10:30am Open For Reservations	7:00am-1:00pm Open For Reservations
9:05-9:50am WATERinMOTION*	12:05-12:50pm Aqua Fit	12:05-12:50pm Aqua Tabata	9:05-9:50am Simply Aqua	9:05-9:50am WATERinMOTION*		
10:00am-3:30pm Open For Reservations	1:00pm-3:30pm Open For Reservations	1:00pm-3:30pm Open For Reservations	10:00am-3:30pm Open For Reservations	10:00am-3:30pm Open For Reservations	10:30-11:15am Aqua Zumba	
3:30-6:30pm Open For Reservation*	3:30-6:30pm SGT*	3:30-6:30pm Open For Reservation*	3:30-6:30pm SGT*	3:30-6:30pm Open For Reservation*	3:30-6:30pm SGT*	3:30-6:30pm Open For Reservation*
6:30-8:45pm Open For Reservations	6:30-8:45pm Open For Reservations	6:30-8:45pm Open For Reservations	6:30-8:45pm Open For Reservations		11:15am-4:45pm Open For Reservations	1:00-1:45pm Open For Reservation (2 lanes) 1:45-4:45pm Open For Reservations

- Water Exercise
- Swim Lessons
- Youth Lap Swim
- Masters / SGT

*lane split may vary. Visit the member portal or app for most up to date lane availability prior to making reservation.

Warm Water Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-10:00am Adult/PT/PSL	5:30-9:00am Adult/PT/PSL	5:30-10:00am Adult/PT/PSL	5:30-9:00am Adult/PT/PSL	6:00-10:00am Adult/PT/PSL	7:00-10:00am Adult/PT/PSL	7:00-10:00am Adult/PT/PSL
	9:00-10:00am Family Time		9:00-10:00am Family Time			
10:00am-12:00pm Family Time	10:00am-3:00pm Adult/PT/PSL	10:00am-12:00pm Family Time	10:00am-12:00pm Adult/PT/PSL	10:00am-12:00pm Family Time	10:00am-12:00pm Family Time	10:00am-12:00pm Family Time
12:00-7:45pm Adult/PT/PSL	3:00-5:00pm Family Time	12:00-1:05pm Adult/PT/PSL	12:05-12:50pm Aqua Strength	12:00-4:00pm Adult/PT/PSL	12:00-2:45pm Adult/PT/PSL	12:00-2:45pm Adult/PT/PSL
	5:00-7:45pm Adult/PT/PSL	1:05-2:00pm Aqua Strength	1:00-3:00pm Adult/PT/PSL	4:00-6:00pm Family Time		
			2:00-7:45pm Adult/PT/PSL	3:00-5:00pm Family Time	6:00-6:45pm Adult/PT/PSL	

- Water Exercise
- Swim Lessons
- Family Time

PLS = Private Swim Lessons
PT = Physical Therapy
Family Time = Families may use the pool

- Pool closes 15 minutes before the club closes.
- Swim Lessons and Personal Training are offered during operational hours in all pools. Lessons and Personal Training have priority use of up to 2 lanes unless a water group exercise class is taking place.
- Please stay out of the lanes 5 minutes before and 5 minutes after classes.