

Activity Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-6:00am Open For Reservations		5:00-6:00am Open For Reservations				
6:10-6:55am Aqua Fit	5:00-9:30am Open For Reservations	6:10-6:55am Aqua Fit	5:00-9:30am Open For Reservations	5:00-9:30am Open For Reservations		
7:00-9:30am Open For Reservations		7:00-9:30am Open for Reservations			7:00-9:00am Open For Reservations	
9:35-10:20am Aqua Fit	9:35-10:20am Aqua Fit	9:35-10:20am Aqua Fit	9:35-10:20am Aqua Fit	9:35-10:20am Aqua Fit		
10:30-11:30am SR Aquatics	10:30-11:30am SR Aquatics	10:30-11:30am SR Aquatics		10:30-11:30am SR Aquatics	9:00am-12:00pm Open For Reservations (2 lanes)	
					9:00am-12:00pm Swim Lessons (2 lane)	
	11:30am-4:00pm Open For Reservations	11:30am-2:00pm Open For Reservations	10:30am-4:00pm Open For Reservations			7:00am-6:45pm Open For Reservations
		2:00-3:00pm Masters Swim (3 lanes)				
		2:00-3:00pm Adult Beginners (1 lane)				
11:30am-8:45pm Open For Reservations	4:00-6:00pm Open For Reservations (2 lanes)		4:00-6:00pm Open For Reservations (2 lanes)	11:30am-6:45pm Open For Reservations	12:00-6:45pm Open For Reservations	
	4:00-6:00pm SGT (2 lane)		4:00-6:00pm SGT (2 lane)			
	6:00-8:45pm Open For Reservations (3 lanes)	3:00-8:45pm Open For Reservations	6:00-8:45pm Open For Reservations (3 lanes)			
	6:30-7:30pm Swim Lessons (1 lane)		6:30-7:30pm Swim Lessons (1 lane)			

- Water Exercise
- Group Swim Lessons
- Masters Swim / SGT

Aquatic Center closes 15 minutes before club.

Please Note: Private Swim Lessons are offered during operational hours in all pools. Open For Reservation swim is for members to reserve and utilize the Lap and Activity pools as they choose. Times subject to change.

Warm Water Pool and Lap Pool Schedule on reverse side →

Warm Water Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am-4:00pm Adult/PT/PSL	5:00am-8:30am Adult/PT/PSL	5:00-8:45am Adult/PT/PSL	5:00-8:30am Adult/PT/PSL	5:00-8:30am Adult/PT/PSL	7:00-9:00am Adult/PT/PSL	7:00-11:00am Adult/PT/PSL	
	8:30-9:30am Family Time	8:45-9:15am SGT	8:30-9:30am Family Time	8:30-9:30am Family Time	9:00am-12:30pm Swim Lessons		
	9:30am-12:00pm Adult/PT/PSL	9:30am-12:00pm Adult/PT/PSL	9:30am-12:00pm Swim Lessons	9:30am-4:00pm Adult/PT/PSL	12:30-3:30pm Family Time	11:00am-3:30pm Family Time	
	12:00-12:45pm Aqua Strength	12:00-12:45pm Aqua Strength	12:00-12:45pm Aqua Strength		3:30-6:45pm Adult/PT/PSL	3:30-6:45pm Adult/PT/PSL	
	12:45-2:00pm Adult/PT/PSL	1:00-4:00pm Adult/PT/PSL	1:00-2:00pm Adult/PT/PSL		2:00-2:45pm SGT	<div style="display: flex; justify-content: space-between;"> <div style="width: 40%;"> <p>■ Water Exercise</p> <p>■ Group Swim Lessons</p> <p>■ Family Time</p> <p>■ Masters / SGT</p> </div> <div style="width: 50%; font-size: 0.8em;"> <p>PLS = Private Swim Lessons PT = Physical Therapy Family Time = Families may use the pool Preschool Family = For parents & children under age 5</p> <p><small>*Private swim lessons may take place at any time.</small></p> </div> </div>	
	2:00-2:30pm Swim Lessons		2:45-4:00pm Adult/PT/PSL		2:45-4:00pm Adult/PT/PSL		
	2:30-4:00pm Adult/PT/PSL	4:00-5:00pm Family Time	4:00-5:00pm Family Time				
4:00-6:00pm Family Time	4:00-5:00pm Family Time	4:00-6:00pm Family Time	4:00-5:00pm Family Time	4:00-5:30pm Family Time	The Aquatics Center closes 15 minutes before the club.		
6:00-8:45pm Adult/PT/PSL	6:00-7:30pm Swim Lessons	6:00-6:45pm Warm Water Exercise for Pain Relief	6:00-7:30pm Swim Lessons	5:30-6:45pm Adult/PT/PSL			
	7:30-8:45pm Adult/PT/PSL	6:45-8:45pm Adult/PT/PSL	7:30-8:45pm Adult/PT/PSL				

Lap Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:45pm Open For Reservations	5:00am-8:45pm Open For Reservations	5:00am-8:45pm Open For Reservations	5:00am-8:45pm Open For Reservations	5:00am-6:45pm Open For Reservations	7:00am-6:45pm Open For Reservations	7:00am-6:45pm Open For Reservations

Warm Water Pool: Family time is the time for members ages 11 and under to enjoy the warm water pool. Preschool Family time is for parents and children under age 5.

Please Note: Private Swim Lessons are offered during operational hours in all pools. Open For Reservation swim is for members to reserve and utilize the Lap and Activity pools as they choose. Times subject to change.