

Warm Water Pool Schedule

Effective May 2022
**schedule subject to change*

Group Exercise Classes

Monday

2pm | Arthritis H2O

Tuesday

1pm | Aqua Fit Warm Water

Wednesday

10:15am | Aqua Fit Warm Water

2pm | Arthritis H2O

Thursday

1pm | Aqua Fit Warm Water

6:30pm | Aqua Fit Warm Water

Friday

2pm | Arthritis H2O

Family Swim Time

Monday, Wednesday, Friday | 4 - 7pm

Tuesday & Thursday | 9 - 11am

Saturday & Sunday | 12 - 6:45pm

Swim Lesson Busy Times

Monday - Friday | 4 - 7pm

Saturday - Sunday | 9am - 12pm