

Warm Water Pool Schedule

Effective March 15, 2023

**Schedule subject to change*

Group Exercise Classes

Monday

2-3pm | Arthritis H2O

Tuesday

12-1pm | Aqua Fit

1-2pm | Aqua Fit

Wednesday

10:15-11:15am | Aqua Fit

2-3pm | Arthritis H2O

Thursday

1-2pm | Aqua Fit

6-7pm | Aqua Fit

Friday

2-3pm | Arthritis H2O

Family Swim Time

Monday, Wednesday, Friday | 4 - 7pm

Tuesday & Thursday | 9am - 12pm

Saturday & Sunday | 12 - 6:45pm

Swim Lesson Busy Times

Monday - Friday | 4 - 7pm

Saturday - Sunday | 9am - 12pm