

# Pool Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
Lap Swim 5:30am-10:00am (Lanes 1-8)		Lap Swim 5:30am-6:30am (Lanes 1-8)		Lap Swim 5:30am-7:00am (Lanes 1-8)		Lap Swim 5:30am-6:30am (Lanes 1-8)		Lap Swim 5:30am-7:00am (Lanes 1-8)		SMAC Swim Team 7:00am-11:00am (Lanes 1-5)		Lap Swim 8:00am-11:00am (Lanes 6-8)		
		SMAC Swim Team 6:30am-8:00am (Lanes 5-8)	Lap Swim 6:30am-8:00am (Lanes 1-4)	SMAC Swim Team 7:00am-8:00am (Lanes 5-8)	Lap Swim 7:00am-8:00am (Lanes 1-4)	SMAC Swim Team 6:30am-8:00am (Lanes 5-8)	Lap Swim 6:30am-8:00am (Lanes 1-4)	SMAC Swim Team 7:00am-8:00am (Lanes 5-8)	Lap Swim 7:00am-8:00am (Lanes 1-4)	Lap Swim 8:00am-11:00am (Lanes 6-8)				
Aqua Fit 10:00am-11:00am (Lanes 6-8)	Lap Swim 10:00am-11:00am (Lanes 1-5)	Lap Swim 8:00am-3:30pm (Lanes 1-8)		Lap Swim 8:00am-10:00pm (Lanes 1-8)		Aqua Fit 10:00am-11:00am (Lanes 6-8)	Lap Swim 10:00am-11:00am (Lanes 1-5)	Lap Swim 7:00am-3:30pm (Lanes 1-8)		Open Swim 11:00am-8:00pm (Lanes 1-3)		Lap Swim 11:00am-8:00pm (Lanes 4-8)		
Lap Swim 11:00am-3:30pm (Lanes 1-8)				Aqua Fit 10:00am-11:00am (Lanes 6-8)	Lap Swim 10:00am-11:00am (Lanes 1-5)	Lap Swim 11:00am-3:30pm (Lanes 1-8)								
SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-4:00pm (Lanes 1-7)	SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-6:00pm (Lanes 1-2)	SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-6:00pm (Lanes 1-2)	SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-6:00pm (Lanes 1-2)	SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-6:00pm (Lanes 1-2)	SMAC Swim Team 3:30pm-4:00pm (Lane 8)	Lap Swim 3:30pm-6:00pm (Lanes 1-2)	Open Swim 11:00am-8:00pm (Lanes 1-3)		
SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)	Lap Swim 4:00pm-5:00pm (Lanes 1-3)	SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)		SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)		SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)		SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)		SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)				SMAC Swim Team 4:00pm-5:00pm (Lanes 4-8)
SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)	Lap Swim 5:00pm-5:30pm (Lanes 1-2)	SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)		SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)		SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)		SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)		SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)				SMAC Swim Team 5:00pm-5:30pm (Lanes 3-8)
SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)	Lap Swim 5:30pm-8:00pm (Lanes 1-3)	SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)		SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)		SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)		SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)		SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)				SMAC Swim Team 5:30pm-8:15pm (Lanes 4-8)
Lap Swim 5:30pm-8:00pm (Lanes 1-3)		Aqua Fit 6:00pm-7:00pm (Lanes 1-2)		Lap Swim 6:00pm-8:00pm (Lanes 1-2)		Aqua Fit 6:00pm-7:00pm (Lanes 1-2)		Lap Swim 7:00pm-8:00pm (Lanes 1-2)		Open Swim 11:00am-8:00pm (Lanes 1-3)		Lap Swim 11:00am-8:00pm (Lanes 4-8)		
		Lap Swim 7:00pm-8:00pm (Lanes 1-2)				Lap Swim 7:00pm-8:00pm (Lanes 1-2)								
Pool Closes at 8:00pm		Pool Closes at 8:00pm		Pool Closes at 8:00pm		Pool Closes at 8:00pm		Pool Closes at 8:00pm		Pool Closes at 7:00pm		Pool Closes at 7:00pm		

**Please Note:** Times subject to change. Open for Reservation swim is for members to reserve and utilize the lap pool as they choose. Members can reserve a lane for lap swim or recreation swim via the **acac** member portal or **acac** app.

**Updated on 4/21/23. Subject to change.**

	Water Exercise
	Open For Rec Swim Reservations
	Open For Lap Swim Reservations
	Swim Team