

acac Downtown

Activity Pool Schedule Fall 2023 9:05-9:50am 9:05-9:50am 9:05-9:50am 9:05-9:50am 9:05-9:50am Aqua Class Aqua Class Aqua Class Aqua Class Aqua Class 10:30-11:15am Aqua Class 12:05pm-12:50pm 12:05pm-12:50pm Aqua Class Aqua Class Group Lessons* 3:15-5:00pm Group Group Group Group Group Lessons* Lessons* Lessons* Lessons* Lessons* 5:00-5:45pm 2:00-3:15-2:00-2:00-5:00pm 5:00pm 5:00pm 4:45pm Water Exercise Group Lessons* 5:50-6:35pm Group Lessons* Group Lessons* Group Lessons* Aqua Class 5:00-5:45pm 5:00-5:45pm 5:00-5:45pm 4:45-5:45pm Swim Lessons Family Time Lap Swim Availability

*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making reservation. *Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

Warm Water Pool Schedule											
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
	9:30am-11:00am Family Time				Group Lessons 9:00-12:00pm	Group Lessons 11:00-11:30pm					
	1:00pm-2:00pm Aqua Class				11:30- 1:30pm Family Time	Baby and Me 11:30-12:00pm					
			1:00pm-1:45pm Aqua Class			12:00pm-2:30pm Family Time					
5:00pm-7:00pm Family Time	4:00pm-7:00pm Family Time	5:00pm-7:00pm Family Time	4:00pm-7:00pm Family Time	4:00pm-5:00pm Family Time							
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Pools close at 9:45pm	Pools close at 8:45pm	Pools close at 6:45pm	Pools close at 6:45pm			

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change.

Updated on 8/30/23. Subject to change.