

Activity Pool Schedule

Spring 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-----------------------------|--------|
| | | | | | | |
| 9:05-9:50am Aqua Class | 9:05-9:50am Aqua Class | 9:05-9:50am Aqua Class | 9:05-9:50am Aqua Class | 9:05-9:50am Aqua Class | | |
| | | | | | 10:30-11:15am Aqua Class | |
| | 12:05pm-12:50pm Aqua Class | | 12:05pm-12:50pm Aqua Class | | | |
| Group Lessons* 3:15-5:00pm | | | | | | |
| Group Lessons* 5:00-5:45pm | Group Lessons* 2:00-5:00pm | Group Lessons* 3:15-5:00pm | Group Lessons* 2:00-5:00pm | Group Lessons* 2:00-4:45pm | | |
| 5:50-6:35pm Aqua Class | Group Lessons* 5:00-5:45pm | Group Lessons* 5:00-5:45pm | Group Lessons* 5:00-5:45pm | Group Lessons* 5:00-5:45pm | | |
| | | | | | | |

- Water Exercise
see acac.com or the app for class descriptions
- Swim Lessons
- Family Time
- Lap Swim Availability

*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making reservation.

*Visit acac.com or the **acac** app for a list of aqua classes and descriptions.

Warm Water Pool Schedule

Spring 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------------------|-------------------------------|------------------------------------|-------------------------------|------------------------------------|--------------------------------------|--------------------------------|
| | | | | | | 9:00am-11:00am Family Time |
| | 9:30am-10:30am Family Time | | 9:30am-10:30am Family Time | | Group Lessons 9:00-12:00pm | Group Lessons 11:00-11:30pm |
| | 1:00pm-2:00pm Aqua Class | 1:00pm-2:00pm Aqua Class | 1:00pm-1:45pm Aqua Class | | 10:00-11:00am Dolphin Swim School | Baby and Me 11:30-12:00pm |
| 4:00-5:10pm Dolphin Swim School | | 4:00-5:10pm Dolphin Swim School | | | | |
| 5:00pm-7:00pm Family Time | 4:00pm-7:00pm Family Time | 5:00pm-7:00pm Family Time | 4:00pm-7:00pm Family Time | 4:00pm-5:00pm Family Time | 2:00-5:30pm Family Time | 2:00pm-4:00pm Family Time |
| | | | | 5:00-6:10pm Dolphin Swim School | | |
| Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 8:45pm | Pools close at 6:45pm | Pools close at 6:45pm |

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change.

Updated on 4/4/24. Subject to change.

Family Swim Reminder: families (with children under 13) are allowed to use the warm water pool, for recreational swimming, only during designated Family Times. Children under the age of 14 need to be supervised by their parents when in the Aquatics Center when there is not a guard on duty. Additionally, we do not cancel family time if there is not a guard available. During these times parents MUST closely monitor their children.