	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Monday	rucsuay	weatesday	musuuy	Thuy	Gatarday	Gunday
5:00 AM							
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM		FAMILY TIME 9:00-12:00		FAMILY TIME 9:00-12:00			
9:30 AM		FAMILY TIME		FAMILY TIME			
10:00 AM		FAMILY TIME	AQUA FIT 10:15-11:00	FAMILY TIME			
10:30 AM		FAMILY TIME	AQUA FIT 10:15-11:00	FAMILY TIME			
11:00 AM		FAMILY TIME		FAMILY TIME			
11:30 AM		FAMILY TIME 9:00-12:00		FAMILY TIME 9:00-12:00			
12:00 PM		AQUA H.E.A.T 12:00-12:45			AQUA H.E.A.T 12:00-12:45	FAMILY TIME 12:00-6:45	FAMILY TIME 12:00-6:45
12:30 PM		AQUA H.E.A.T 12:00-12:45			AQUA H.E.A.T 12:00-12:45	FAMILY TIME	FAMILY TIME
1:00 PM	ARTHRITIS 1:00-1:45	AQUA FIT 1:00-1:45	ARTHRITIS 1:00-1:45	AQUA POWER 1:00-1:30	ARTHRITIS 1:00-1:45	FAMILY TIME	FAMILY TIME
1:30 PM	ARTHRITIS 1:00-1:45	AQUA FIT 1:00-1:45	ARTHRITIS 1:00-1:45	AQUA POWER 1:00-1:30	ARTHRITIS 1:00-1:45	FAMILY TIME	FAMILY TIME
2:00 PM	ARTHRITIS 1:00-1:45	AQUA FIT 1:00-1:45	ARTHRITIS 1:00-1:45	AQUA POWER 1:00-1:30	ARTHRITIS 1:00-1:45	FAMILY TIME	FAMILY TIME
2:30 PM						FAMILY TIME	FAMILY TIME
3:00 PM						FAMILY TIME	FAMILY TIME
3:30 PM						FAMILY TIME	FAMILY TIME
4:00 PM	FAMILY TIME 4:00-7:00		FAMILY TIME 4:00-7:00		FAMILY TIME 4:00-7:00	FAMILY TIME	FAMILY TIME
4:30 PM	FAMILY TIME		FAMILY TIME		FAMILY TIME	FAMILY TIME	FAMILY TIME
5:00 PM	FAMILY TIME		FAMILY TIME		FAMILY TIME	FAMILY TIME	FAMILY TIME
5:30 PM	FAMILY TIME		FAMILY TIME		FAMILY TIME	FAMILY TIME	FAMILY TIME
6:00 PM	FAMILY TIME		FAMILY TIME	AQUA FIT WARM 6:00-6:45 AQUA FIT WARM	FAMILY TIME	FAMILY TIME	FAMILY TIME
6:30 PM	FAMILY TIME 4:00-7:00		FAMILY TIME 4:00-7:00	6:00-6:45	FAMILY TIME 4:00-7:00	FAMILY TIME 12:00-6:45	FAMILY TIME 12:00-6:45
7:00 PM				AQUA FIT WARM 6:00-6:45			
7:30 PM							
8:00 PM							
8:30 PM 9:00 PM							
9:30 PM							