

# Activity Pool Schedule

Fall 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-10:00am Aqua Class	9:00-10:00am Aqua Class	9:00-10:00am Aqua Class	9:00-10:00am Aqua Class	9:00-10:00am Aqua Class		
	12:00-1:00pm Aqua Class	12:00-1:00pm Aqua Class	12:00-1:00pm Aqua Class		10:30-11:30am Aqua Class	
3:30-5:00pm Elite Performance Program	3:00-5:00pm Elite Performance Program	3:00-5:00pm Elite Performance Program	3:00-5:00pm Elite Performance Program	3:30-4:30pm Elite Performance Program		12:30-2:30pm Elite Performance Program
5:00-6:00pm Elite Performance Program	5:00-6:00pm Elite Performance Program	5:00-6:00pm Elite Performance Program	5:00-6:00pm Elite Performance Program	4:30-5:30pm Elite Performance Program		

- Water Exercise  
see acac.com or the app for class descriptions
- Swim Lessons
- Family Time
- Lap Swim Availability

\*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making reservation.  
 \*Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

# Warm Water Pool Schedule

Fall 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:30-10:30am Family Time		9:30-10:30am Family Time		9:30-11:00am Dolphin Swim School	9:00-11:00am Family Time
1:00-2:00pm Aqua Class		1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class		11:30-12:30pm Swim Lessons
		3:20-5:10pm Dolphin Swim School		4:00-5:00pm Family Time	5:00-6:10pm Dolphin Swim School	3:00-5:30pm Family Time
5:00-7:00pm Family Time	4:00-7:00pm Family Time	5:00-7:00pm Family Time	4:00-7:00pm Family Time			
<i>Pools close at 9:45pm</i>	<i>Pools close at 9:45pm</i>	<i>Pools close at 9:45pm</i>	<i>Pools close at 9:45pm</i>	<i>Pools close at 8:45pm</i>	<i>Pools close at 6:45pm</i>	<i>Pools close at 6:45pm</i>

**Please Note:** Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change.

Updated on 12/3/24. Subject to change.

**Family Swim Reminder:** families (with children under 13) are allowed to use the warm water pool, for recreational swimming, only during designated Family Times. Children under the age of 14 need to be supervised by their parents when in the Aquatics Center when there is not a guard on duty. Additionally, we do not cancel family time if there is not a guard available. During these times parents **MUST** closely monitor their children.