

Activity Pool Schedule

Winter 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:00-10:00am Aqua Class		9:00-10:00am Aqua Class	9:00-10:00am Aqua Class		
	12:00-1:00pm Aqua Class		12:00-1:00pm Aqua Class			
3:30-5:00pm Elite Performance Program	3:00-5:00pm Elite Performance Program	3:30-5:00pm Elite Performance Program	3:00-4:00pm Elite Performance Program	3:30-4:30pm Elite Performance Program		12:30-2:30pm Elite Performance Program
5:00-6:00pm Elite Performance Program	5:00-6:00pm Elite Performance Program	5:00-6:00pm Elite Performance Program	4:00-6:00pm Elite Performance Program	4:30-5:30pm Elite Performance Program		1:00-2:30pm Dolphin Swim School
	6:00-7:00pm Aqua Class					

Water Exercise
see acac.com or the app for class descriptions

Swim Lessons

Family Time

Lap Swim Availability

*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making reservation.
*Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

Warm Water Pool Schedule

Winter 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:30-10:30am Family Time		9:30-10:30am Family Time		9:00-12:15pm Dolphin Swim School	9:00-11:00am Family Time
1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class		11:30-12:30pm Swim Lessons
		3:20-5:10pm Dolphin Swim School		4:00-5:00pm Family Time	5:00-6:10pm Dolphin Swim School	3:00-5:30pm Family Time
5:00-7:00pm Family Time	3:30-6:30pm Family Time	5:00-7:00pm Family Time	3:30-6:30pm Family Time		3:00-5:30pm Family Time	3:00-5:30pm Family Time
Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 8:45pm	Pools close at 6:45pm	Pools close at 6:45pm

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change.

Family Swim Reminder: families (with children under 13) are allowed to use the warm water pool, for recreational swimming, only during designated Family Times. Children under the age of 14 need to be supervised by their parents when in the Aquatics Center when there is not a guard on duty. Additionally, we do not cancel family time if there is not a guard available. During these times parents **MUST** closely monitor their children.

Updated on 12/30/24. Subject to change.