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# SURVIVORSHIP EXERCISE PROGRAM

## Physician Referral Form

Patient Name: \_\_\_\_\_ Patient Email: \_\_\_\_\_

Patient Phone Number: \_\_\_\_\_ Patient DOB: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Physician Email: \_\_\_\_\_

Physician Phone Number: \_\_\_\_\_

Exercise Restrictions: \_\_\_\_\_

\_\_\_\_\_

Medications that may affect exercise response: \_\_\_\_\_

\_\_\_\_\_

I hereby give medical approval to the person named above to participate in a post-rehabilitation program that may include cardiovascular, resistance training, and functional conditioning for the body.

Physician's Stamp

Physician's Signature

Date

Fax completed form to patient's preferred acac Fitness & Wellness Center location below.

### MIDLOTHIAN, VA

phone 804.378.1600

fax 804.597.2167

### SHORT PUMP, VA

phone 804.464.0990

fax 804.597.2316