

## Hi Current and Prospective Dolphin Swim School Families,

We're excited to welcome your children to Dolphin Swim School this fall! This is our core learn-to-swim program for children ages 3 and up, using the Starfish Aquatic International Swim School curriculum. Through engaging, child-centered instruction, we focus on building both safety and swim skills.

For children under age 3, please see our *Dolphin Babies* (parent-and-me) classes. For swimmers who are beyond our Green level, please see our Mighty Dolphins class on Saturdays!

### **Class Schedule & Registration Info:**

Below, you'll find our class schedule through December, including specific dates for:

- **Session 1:** September – October
- **Session 2:** November – December
  - Registration for current families: September 29th.
  - Registration for new families: October 6th.

### **Registration Details:**

**Choosing the Right Class:** Use this [swim level chart](#) to identify your child's swim level. Swimmers should have mastered most skills in their current level before advancing. Not sure which level fits best? Email Sam at [as-swimlessons@acac.com](mailto:as-swimlessons@acac.com) for help.

**Class Size:** We maintain a 1:3 to 1:6 instructor-to-student ratio based on skill level. Multiple instructors work with swimmers each week to ensure quality instruction time in the water.

### **Class Information:**

- \$155 for members/\$185 for non-members  
*Note: We do not prorate for missed classes. Please choose a class that fits your schedule. For make-up lesson policies, see the attached FAQ.*
- Each session is 8 weeks, with each class being 30 minutes long. Please review the schedule carefully—some weeks may be skipped due to holidays.

### **New, Non-Member Registration:**

New to our system? Start by completing this [waiver](#) form. (It may mention birthdays—feel free to skip that part.)

### **How to Register:**

Email Coach Sam at [as-swimlessons@acac.com](mailto:as-swimlessons@acac.com) with your swimmer's name and your first and second class choices. You'll receive a confirmation email once your spot is secured. Payment is due at time of registration.

We're looking forward to helping your child make a splash this season! Please don't hesitate to reach out with questions or placement help.

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
<b>5:15-5:45pm</b> <u>Levels</u> White Red Red/Yellow  *please note, not suitable for children with sensory issues due to group ex class music.	<b>9:15-10:30am</b> <b>acac preschool lessons</b>  *for more information, please email. Exclusive to acac Preschool students, sessions may vary from below dates.	<b>4:30</b> <b>acac afterschool lessons</b>  *for more information, please email. Exclusive to acac afterschool students, sessions may vary from below dates.	<b>9:30-10:00am</b> <b>Dolphin Babies (Ages 6mo-2yo)</b>  <b>10:15-10:45am</b> <b>Dolphin Babies II (ages 2-3yo)</b>	<b>9:30-10:00am</b> <b>Dolphin Babies (Ages 6mo-2yo)</b>  <b>10:15-10:45am</b> <b>Dolphin Babies II (ages 2-3yo)</b>	<b>10:45-11:15am</b> <u>Levels</u> Red Red/Yellow
<b>6:00-6:30pm</b> <u>Levels</u> Red/Yellow Yellow Yellow/Blue	<b>5:15-5:45pm</b> <u>Levels</u> White Red Red/yellow	<b>5:15-5:45pm</b> <u>Levels</u> White White/Red Red	<b>5:15-5:45pm</b> <u>Levels</u> Red Red/Yellow Yellow	<b>10:00-10:45am</b> <b>Mighty Dolphins</b>  <b>Instructor: Steve Michael</b>  <b>10:50-11:20</b> <b>Blue/Green</b>  <b>Instructor: Steve Michael</b>	<b>11:30-12:00pm</b> <u>Levels</u> Yellow Yellow/Blue
	<b>6:00-6:30pm</b> <u>Levels</u> Yellow/Blue Blue/Green Green	<b>6:00-6:30pm</b> <u>Levels</u> Red Red/Yellow Yellow	<b>6:00-6:30pm</b> <u>Levels</u> Yellow/Blue Blue/Green	<b>10:50 am-11:20 am</b>  <u>Levels</u> White Red	
				<b>11:30-12:00 pm</b> <u>Levels</u> Red/yellow Yellow/Blue	

**Session 1–September/October 2025:**

**Monday: September 8th, 15th, 22nd, 29th, October 6th, 13th, 20th, 27th.**

**Tuesday: September 2nd, 9th, 16th, 23rd, 30th, October 7th, 14th, 21st.**

**Wednesday: September 3rd, 10th, 17th, 24th, October 1st, 8th, 15th, 22nd.**

**Thursday: September 4th, 11th, 18th, 25th, October 2nd, 9th, 16th, 23rd.**

**Saturday: September 6th, 13th, 20th, 27th, October 4th, 11th, 18th, 25th.**

**Sunday: September 7th, 14th, 21st, 28th, October 5th, 12th, 19th, 26th.**

**Session 2–November/December 2025:**

**Monday: November 3rd, 10th, 17th, 24th, December 1st, 8th, 15th, 22nd.**

**Tuesday: October 28th, November 4th, 11th, 18th, 25th, December 2nd, 9th, 16th.**

**Wednesday: October 29th, November 5th, 12th, 19th 26th\*\*, December 3rd, 10th, 17th.**

**Thursday: October 30th, November 6th, 13th, 20th, 27th, December 4th, 11th, 18th.**

**Saturday: November 1st, 8th, 15th, 22nd, 29th, December 6th, 13th, 20th.**

**Sunday: November 2nd, 9th, 16th, 23rd, 30th, December 7th, 14th, 21st.**

**\*\*November 26th and November 27th—our club may have holiday hours, we will email about adjusted lesson times/makeups as we get closer to session 2.**