

Warm Water Pool Schedule

Effective September 2025
**Schedule subject to change*

Group Exercise Classes

Monday

6-6:45 PM | Aqua Fit Warm

Tuesday

12-12:45 PM | Aqua HEAT

1-1:45 PM | Fluid Motion Aqua

Wednesday

10:15-11 AM | Aqua HEAT

1-1:45 PM | Aqua Arthritis

Thursday

1-1:30 PM | Aqua Power 30

6-6:45 PM | Aqua Fit Warm

Friday

12-12:45 PM | Aqua HEAT

1-1:45 PM | Aqua Arthritis

Family Swim Time

Monday, Wednesday, Friday | 4:00 PM - 7:00 PM

Tuesday & Thursday | 9:00 AM - 12:00 PM

Saturday & Sunday | 12:00 PM - 6:45 PM

Swim Lesson Busy Times

Monday - Friday | 4:00 PM - 7:00 PM

Saturday - Sunday | 9:00 AM - 1:00 PM