



acac Albemarle Square

Activity Pool Schedule

Winter 2026

*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making a reservation.

*Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

Reservations are encouraged. Continual failure to cancel a lane reservation may lead to a penalty

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change. Weekend lanes may be affected by aquatics programming.

Updated on 11/26/25. Subject to change.

Warm Water Pool Schedule

Winter 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------------------------|------------------------------------|-------------------------------|--|-------------------------------|--|------------------------------|
| | | | | | | |
| 9:30-10:30am Family Time | 9:15-10:30am Preschool Lessons | 9:30-10:30am Family Time | 9:30-10:45am Dolphin Swim School | 9:30-10:30am Family Time | 9:30-12:00pm Dolphin Swim School | 10:30-12:30pm Family Time |
| | 12:00pm-12:45pm Aqua Class | 12:00pm-12:45pm Aqua Class | 12:00pm-12:45pm Aqua Class | 12:00pm-12:45pm Aqua Class | | |
| 4:00-6:00pm Family Time | 4:00-5:30pm Family Time | 4:00-6:00pm Family Time | 4:00-5:30pm Family Time | 4:30-7:00pm Family Time | 1:00 - 5:00pm Family Time | 2:30-4:30pm Family Time |
| 5:15-6:30pm Dolphin Swim School | 5:15-6:30pm Dolphin Swim School | 7:00-8:00pm Aqua Class | 5:15-6:30pm Dolphin Swim School | | Pools close at 6:45pm | Pools close at 6:45pm |
| Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 8:45pm | | |

*Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

Lap Pool Schedule

Winter 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------|------------------------------|--------------------------|------------------------------|--------------------------|-----------------------|-----------------------|
| | | | | | | |
| | 8:00-9:00am Master's Swim | | 8:00-9:00am Master's Swim | | | |
| 4:30-7:00pm Swim Team | 4:30-7:00pm Swim Team | 4:30-7:00pm Swim Team | 4:30-7:00pm Swim Team | 4:30-7:00pm Swim Team | Pools close at 6:45pm | Pools close at 6:45pm |
| Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 9:45pm | Pools close at 8:45pm | | |

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change.

Family Swim Reminder: families (with children under 14) are allowed to use the warm water pool, for recreational swimming, only during designated Family Times. Children under the age of 14 need to be supervised by their parents when in the Aquatics Center when there is not a guard on duty.

Additionally, we do not cancel family time if there is not a guard available. During these times parents **MUST** closely monitor their children. Children using flotation devices must be within arm's reach of a caregiver at all times.