

## Hi Current and Prospective Dolphin Swim School Families,

We're excited to welcome your children to Dolphin Swim School this winter/spring! This is our core learn-to-swim program for children ages 3 and up, using the Starfish Aquatic International Swim School curriculum. Through engaging, child-centered instruction, we focus on building both safety and swim skills.

For children under age 3, please see our *Dolphin Babies* (parent-and-me) classes. For swimmers who are beyond our Green level, please see our Mighty Dolphins class on Saturdays!

### **Class Schedule & Registration Info:**

Below, you'll find our class schedule through May, including specific dates for:

- **Session 1:** January - February
  - Registration opens for current families: December 10
  - Registration opens for new families: December 17
- **Session 2:** March – April
  - Registration for current families: February 9
  - Registration for new families: February 16
- **Session 3:** May
  - Registration for current families: April 13
  - Registration for new families: April 20

### **Registration Details:**

**Choosing the Right Class:** Use this [swim level chart](#) to identify your child's swim level. Swimmers should have mastered most skills in their current level before advancing. Not sure which level fits best? Email [as-swimlessons@acac.com](mailto:as-swimlessons@acac.com) for help.

**Class Size:** We maintain a 1:3 to 1:6 instructor-to-student ratio based on skill level. Multiple instructors work with swimmers each week to ensure quality instruction time in the water.

### **Class Information:**

- \$165 for members/\$195 for non-members  
*Note: We do not prorate for missed classes. Please choose a class that fits your schedule. For make-up lesson policies, see the attached FAQ.*
- Each session is 8 weeks, with each class being 30 minutes long. Please review the schedule carefully—some weeks may be skipped due to holidays.

### **New, Non-Member Registration:**

New to our system? Start by completing this [waiver](#) form. (It may mention birthdays—feel free to skip that part.)

### **How to Register:**

Members can now register on the **acac** app! Families can also register by emailing **[as-swimlessons@acac.com](mailto:as-swimlessons@acac.com)** with your swimmer's name and your first and second class choices. Payment is due at time of registration.

We're looking forward to helping your child make a splash this season! Please don't hesitate to reach out with questions or placement help.

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
<b>5:15-5:45pm</b>  <u>Levels</u> White Red Red/Yellow  *please note, not suitable for children with sensory issues due to group ex class music.	<b>9:15- 10:30am</b>  <b>acac preschool lessons</b>  *for more information, please email. Exclusive to acac Preschool students, sessions may vary from below dates.	<b>4:30-5:00pm</b>  <b>acac afterschool lessons</b>  *for more information, please email. Exclusive to acac afterschool students, sessions may vary from below dates.	<b>9:30-10:00am</b>  <b>Dolphin Babies (Ages 6mo-2yo)</b>  <b>10:15-10:45am Dolphin Babies II (ages 2-3yo)</b>	<b>9:30-10:00am</b>  <b>Dolphin Babies (Ages 6mo-2yo)</b>  <b>10:15-10:45am Dolphin Babies II (ages 2-3yo)</b>	<b>10:45-11:15am</b>  <u>Levels</u> Red Red/Yellow
			<b>4:30-5:00pm</b>  <u>Levels</u> White/Red		
<b>6:00-6:30pm</b>  <u>Levels</u> Red/Yellow Yellow Yellow/Blue	<b>5:15-5:45pm</b>  <u>Levels</u> White Red Red/yellow	<b>5:15-5:45pm</b>  <u>Levels</u> White Red Red/Yellow	<b>5:15-5:45pm</b>  <u>Levels</u> Red Red/Yellow Yellow	<b>10:00-10:45am</b>  <b>Mighty Dolphins</b>  <b>Instructor: Steve Michael</b>  <b>10:50-11:20</b> Blue/Green Green  <b>Instructor: Steve Michael</b>	<b>11:30-12:00pm</b>  <u>Levels</u> Yellow Yellow/Blue
	<b>6:00-6:30pm</b>  <u>Levels</u> Yellow/Blue Blue/Green Green	<b>6:00-6:30pm</b> <u>Levels</u> Red/Yellow Yellow Yellow/Blue	<b>6:00-6:30pm</b>  <u>Levels</u> Yellow/Blue Blue/Green Green	<b>10:50 am-11:20 am</b>  <u>Levels</u> White Red Red/Yellow	
				<b>11:30 am-12:00 am</b>  <u>Levels</u> Red/Yellow Yellow Yellow/Blue	

**Session 1 - January/February 2026:**

Monday: January 5, 12, 19, 26, February 2, 9, 16, 23  
Tuesday: January 6, 13, 20, 27, February 3, 10, 17, 24  
Wednesday: January 7, 14, 21, 28, February 4, 11, 18, 25  
Thursday: January 8, 15, 22, 29, February 5, 12, 19, 26  
Saturday: January 10, 17, 24, 31, February 7, 14, 21, 28  
Sunday: January 4, 11, 18, 25, February 1, 8, 15, 22

**Session 2 - March/April 2026:**

Monday: March 2, 9, 16, 23, 30, April 13, 20, 27  
Tuesday: March 3, 10, 17, 24, 31, April 14, 21, 28  
Wednesday: March 4, 11, 18, 25, April 1, 15, 22, 29  
Thursday: March 5, 12, 19, 26, April 2, 16, 23, 30  
Saturday: March 7, 14, 21, 28, April 4, 11, 18, 25  
Sunday: March 1, 8, 15, 22, 29, April 12, 19, 26

**Session 3 - May 2026:**

Monday: May 4, 11, 18 (classes will be 40 minutes each)  
Tuesday: May 5, 12, 19, 26  
Wednesday: May 6, 13, 20, 27  
Thursday: May 7, 14, 21, 28  
Saturday: May 2, 9, 16, No Memorial Day weekend, 30  
Sunday: May 3, 10, 17, No Memorial Day weekend, 31

**Preschool - 9:15am & 10:00am:**

Session 1 Tuesday: January 6, 13, 20, 27, February 3, 10, 17, 24  
Session 2 Tuesday: March 3, 10, 17, 24, 31, April 14, 21, 28  
Session 3 Tuesday: May 5, 12, 19, 26

**Afterschool - 4:00-5:30pm:**

Session 6: January 7, 14, 21, 28  
Session 7: February 4, 11, 18, 25  
Session 8: March 4, 11, 18, 25  
Session 9: April 1, 15, 22, 29  
Session 10: May 6, 13, 20, 27