

Hi Current and Prospective Dolphin Swim School Families,

We're excited to welcome your children to Dolphin Swim School this winter/spring! This is our core learn-to-swim program for children ages 3 and up, using the Starfish Aquatic International Swim School curriculum. Through engaging, child-centered instruction, we focus on building both safety and swim skills.

For children under age 3, please see our *Dolphin Babies* (parent-and-me) classes. For swimmers who are beyond our Green level, please see our Mighty Dolphins class on Saturdays!

Class Schedule & Registration Info:

Below, you'll find our class schedule through May, including specific dates for:

- **Session 1:** January - February
 - Registration opens for current families: December 10
 - Registration opens for new families: December 17
- **Session 2:** March – April
 - Registration for current families: February 9
 - Registration for new families: February 16
- **Session 3:** May
 - Registration for current families: April 13
 - Registration for new families: April 20

Registration Details:

Choosing the Right Class: Use this [swim level chart](#) to identify your child's swim level. Swimmers should have mastered most skills in their current level before advancing. Not sure which level fits best? Email as-swimlessons@acac.com for help.

Class Size: We maintain a 1:3 to 1:6 instructor-to-student ratio based on skill level. Multiple instructors work with swimmers each week to ensure quality instruction time in the water.

Class Information:

- \$165 for members/\$195 for non-members
Note: We do not prorate for missed classes. Please choose a class that fits your schedule. For make-up lesson policies, see the attached FAQ.
- Each session is 8 weeks, with each class being 30 minutes long. Please review the schedule carefully—some weeks may be skipped due to holidays.

New, Non-Member Registration:

New to our system? Start by completing this [waiver](#) form. (It may mention birthdays—feel free to skip that part.)

How to Register:

Members can now register on the **acac** app! Families can also register by emailing as-swimlessons@acac.com with your swimmer's name and your first and second class choices. Payment is due at time of registration.

We're looking forward to helping your child make a splash this season! Please don't hesitate to reach out with questions or placement help.

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
5:15-5:45pm <u>Levels</u> White Red Red/Yellow *please note, not suitable for children with sensory issues due to group ex class music.	9:15- 10:30am <u>acac preschool lessons</u> *for more information, please email. Exclusive to acac Preschool students, sessions may vary from below dates.	4:30-5:00pm <u>acac afterschool lessons</u> *for more information, please email. Exclusive to acac afterschool students, sessions may vary from below dates.	9:30-10:00am Dolphin Babies (Ages 6mo-2yo) 10:15-10:45am Dolphin Babies II (ages 2-3yo)	9:30-10:00am Dolphin Babies (Ages 6mo-2yo) 10:15-10:45am Dolphin Babies II (ages 2-3yo)	10:45-11:15am <u>Levels</u> Red Red/Yellow
			4:30-5:00pm <u>Levels</u> White/Red		
6:00-6:30pm <u>Levels</u> Red/Yellow Yellow Yellow/Blue	5:15-5:45pm <u>Levels</u> White Red Red/yellow	5:15-5:45pm <u>Levels</u> White Red Red/Yellow	5:15-5:45pm <u>Levels</u> Red Red/Yellow Yellow	10:00-10:45am Mighty Dolphins Instructor: Steve Michael 10:50-11:20 Blue/Green Green Instructor: Steve Michael	11:30-12:00pm <u>Levels</u> Yellow Yellow/Blue
	6:00-6:30pm <u>Levels</u> Yellow/Blue Blue/Green Green	6:00-6:30pm <u>Levels</u> Red/Yellow Yellow Yellow/Blue	6:00-6:30pm <u>Levels</u> Yellow/Blue Blue/Green Green	10:50 am-11:20 am <u>Levels</u> White Red Red/Yellow	
				11:30 am-12:00 am <u>Levels</u> RedYellow Yellow Yellow/Blue	

Session 1 - January/February 2026:

Monday: January 5, 12, 19, 26, February 2, 9, 16, 23
Tuesday: January 6, 13, 20, 27, February 3, 10, 17, 24
Wednesday: January 7, 14, 21, 28, February 4, 11, 18, 25
Thursday: January 8, 15, 22, 29, February 5, 12, 19, 26
Saturday: January 10, 17, 24, 31, February 7, 14, 21, 28
Sunday: January 4, 11, 18, 25, February 1, 8, 15, 22

Session 2 - March/April 2026:

Monday: March 2, 9, 16, 23, 30, April 13, 20, 27
Tuesday: March 3, 10, 17, 24, 31, April 14, 21, 28
Wednesday: March 4, 11, 18, 25, April 1, 15, 22, 29
Thursday: March 5, 12, 19, 26, April 2, 16, 23, 30
Saturday: March 7, 14, 21, 28, April 4, 11, 18, 25
Sunday: March 1, 8, 15, 22, 29, April 12, 19, 26

Session 3 - May 2026:

Monday: May 4, 11, 18 (classes will be 40 minutes each)
Tuesday: May 5, 12, 19, 26
Wednesday: May 6, 13, 20, 27
Thursday: May 7, 14, 21, 28
Saturday: May 2, 9, 16, No Memorial Day weekend, 30
Sunday: May 3, 10, 17, No Memorial Day weekend, 31

Preschool - 9:15am & 10:00am:

Session 1 Tuesday: January 6, 13, 20, 27, February 3, 10, 17, 24
Session 2 Tuesday: March 3, 10, 17, 24, 31, April 14, 21, 28
Session 3 Tuesday: May 5, 12, 19, 26

Afterschool - 4:00-5:30pm:

Session 6: January 7, 14, 21, 28
Session 7: February 4, 11, 18, 25
Session 8: March 4, 11, 18, 25
Session 9: April 1, 15, 22, 29
Session 10: May 6, 13, 20, 27