

Activity Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:05-9:50am Aqua Class	8:30-10:30am Elite Performance Program					
12:05-12:50pm Aqua Class			12:05-12:50pm Aqua Class		10:00-12:00pm Elite Performance Program	
3:45-5:45pm Elite Performance Program	3:15-5:45pm Elite Performance Program	3:45-5:45pm Elite Performance Program	3:15-5:45pm Elite Performance Program	3:45-5:45pm Elite Performance Program		
6:00-7:00pm Aqua Class		6:00-7:00pm Aqua Class			Pools close at 6:45pm	Pools close at 6:45pm
Pools close at 9:45pm	Water Exercise <small>see acac.com or the app for class descriptions</small>	Swim Lessons				
					Lap Swim Availability	

*Lane split may vary. Visit the member portal or app for most up to date lane availability prior to making a reservation.

*Visit **acac.com** or the **acac** app for a list of aqua classes and descriptions.

Warm Water Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:30pm Family Time			9:30-10:30pm Family Time		9:00-12:00pm Dolphin Swim School	9:00-11:00am Family Time
1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class	1:00-2:00pm Aqua Class		
4:00-5:10pm Dolphins Swim School		3:30-5:10pm Dolphins Swim School		4:00-5:45pm Dolphins Swim School	3:00-5:30pm Family Time	3:00-5:30pm Family Time
5:00-7:00pm Family Time	3:30-6:30pm Family Time	5:00-7:00pm Family Time	3:30-6:30pm Family Time	4:00-5:00pm Family Time	Pools close at 6:45pm	Pools close at 6:45pm
Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 9:45pm	Pools close at 8:45pm	Water Exercise <small>see acac.com or the app for class descriptions</small>	Swim Lessons
					Family Time	Free Swim Availability

Please Note: Private swim lessons and private group swim lessons are offered during operational hours in all pools. Schedule and hours are subject to change. Weekend lanes may be affected by aquatics programming.

Updated on 10/20/25. Subject to change.